

Pennsylvania Game Commission

Physical Testing Specifications for Conservation Officer Cadets

Testing includes a verbal report with pass-fail results, of all candidates within 24 hours of testing, followed by a written report with in one week. By attaining a Passing score in the physical exam, the physician ensures the candidate is able to perform the essential functions of a Wildlife Conservation Officer Cadet and that they can safely participate in an approximately year-long program of physically strenuous training.

This training will include exercises to enable the candidate to traverse uneven terrain in difficult weather, lift and move big game animals such as deer, bear, and elk, swim, and pursue violators by running. The training will also include daily physical exercise, extensive defensive and control tactics instruction, and mentally/physically demanding 12-15 hours of daily duties.

Testing specifications and reports for each candidate shall include:

A medical exam including a medical history evaluation, resting heart rate, seated blood pressure and physical exam. Candidates must possess the physical aptitude and agility to perform physically demanding tasks required on the job and safely participate in a physically/mentally demanding training program.

Measured physical characteristics, including height, weight and percent of body fat,

Visual acuity with at least 20/20 in the better eye and 20/40 in the poorer eye **with correction** and 20/70 in the better eye and 20/200 in the poorer eye **without correction**.

Hearing test showing applicants possess normal hearing without the use of hearing aids.

Drug screening including amphetamines, tranquilizers, sedatives, marijuana, cocaine, methadone, opiates and steroids.

Physical Testing:

Applicants must achieve "Passing" standards in all categories as specified with the exception of the VO2 max that will be a report of results only.