



# PA Game Commission Fact Sheet

2001 Elmerton Avenue • Harrisburg, Pennsylvania 17110-9797 [www.pgc.state.pa.us](http://www.pgc.state.pa.us)

## National Archery in the Schools Program (NASP®)

- Designed to teach International-style target archery in physical education classes in grades 4-12
  - Core content covers archery history, safety, technique, equipment, mental concentration, core strengthening physical fitness and self-improvement
  - Follows National Physical Education Standards
- Students shoot at 80cm bulls-eye targets placed before an arrow curtain in their gymnasium
- Equipment used is state-of-the-art and universal-fit so every student can use the same bows and arrows
- Teachers and other adult individuals who are interested (parent volunteers, paraprofessionals, etc.) undergo an 8-hour NASP® Basic Archery Instructor (BAI) training program prior to presenting the archery curriculum in class
  - Act 48 credits are available for teacher participation
  - BAI workshops are offered at NO COST throughout PA
- Archery's safety record is better than that of every ball sport taught in schools except table tennis
- Translates into compelling subject matter for math, science, and history
- Students enjoy NASP® so much, that on days it is offered, it has the power to positively influence school attendance
- Involves physical activity in which virtually every student can participate and in which boys and girls can participate together
- Can evolve into an extra-curricular activity which puts athletes and non-athletes on a level playing field and which students routinely take home to friends and family
- Teaches a life-long physical activity that is intriguing enough that it can compete with computer games and TV, getting students off the sofa and out-of-doors
- Routinely transforms previously unreachable, "high risk" students by unlocking self-esteem
- Has the ability to touch, transform, redirect, lift and change individual lives forever
- Thanks to support from the archery industry, the \$6,000 equipment "kits" can be purchased by schools for approximately \$3,100
  - The PA Game Commission is offering \$1,500 grants to schools to off-set the cost of the purchase of a NASP® kit
    - In addition to the PGC monies, other funds are available as well to minimize the cost for schools
- Started in Kentucky in 2002 and has spread throughout the United States...and the world
  - By the end of the 2010-2011 school year...
    - 9 million students will have gone through NASP® lessons during the school year in 9,000 schools throughout 47 states, Washington D.C., Canada, Australia, New Zealand, and South Africa
- Tournaments are held at the state, National (Louisville, KY), and World (Disney's ESPN Wide World Of Sports) level
- [www.naspschools.org](http://www.naspschools.org)
- To get NASP® started in your Pennsylvania school, contact Todd Holmes (PA Game Commission) at 717-787-4250 ext. 3330 or e-mail [toholmes@pa.gov](mailto:toholmes@pa.gov).