State Game Lands 289 consists of 1552 acres, deeded acreage. The Game Lands are one contiguous tract with one private inholding. The Game Lands are located in the Pennsylvania Game Commission's Northeast Region, Bradford County. The Game Lands are entirely in West Burlington Township.

Compartment 1 has good access provided by U. S. Route 6 and West Burlington Township Rt. 357 (Steam Hollow Road). Two parking areas are provided in this compartment and six along West Burlington Township Rt. 357 (Steam Hollow Road) serve both compartments. Compartment 2 has good access provided on the west side of West Burlington Township Rt. 357 and limited access on the east by the Berwick Turnpike (S.R. 4013). One parking area is provided off S.R. 4013. Several roads provide good foot access. These roads are gated and used for administrative access.

West Burlington Township Rt. 357 (Steam Hollow Road) divides Compartments 1 and 2. The topography varies from gentle slopes to steep side hills. The highest elevations of about 1250 feet to 1360 feet are found on the ridge tops. The lowest elevation of 890 feet is found just south of U. S. Route 6 in Compartment 1. The Game Lands are similar to the topography across Bradford County. This area consists of woodlots of various size, fields, and old pasture. The parts of the game lands that were woodlots at the turn of the 19th century have grown to 110 years of age. The areas that were probably old fields are now 80 years of age. The 60 year-old stands look to be old pasture areas. Some of the fields and pasture are currently managed for herbaceous openings. Some of these areas are also starting to be invaded by multiflora rose and autumn olive.

This Game lands is entirely within Wildlife Management Unit 3C. The principal species hunted on this Game Lands are white-tailed deer, eastern wild turkey, ring-necked pheasant, eastern cottontail, ruffed grouse, woodcock, and gray squirrel. Various types of waterfowl are hunted to a lesser extent, which include wood duck, mallards, and Canada geese. Furbearers also provide opportunities for the sportsman with beaver, mink, red and gray fox, along with eastern coyote. The occasional black bear and bobcat can be found on this game lands but are not common. There are 3 impoundments on this Game Lands. One impoundment is 13 acres and two small impoundments about ¼ acre each in size. These impoundments support warm water species that include panfish and largemouth bass. Fish are not regularly stocked and all populations of fish are self-sustaining.

Hiking, bird watching, and cross-country skiing are lawful recreational activities that occur occasionally. This game lands is relatively small in size and is not a major attraction for these activities.